

## For Immediate Release

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## Unveiling Ayahuasca Statistics in Colombia, USA, Spain, and the Netherlands

New report by ICEERS reveals the rate of ayahuasca consumption around the world.

Barcelona – According to a <u>recent report</u> by Carlos Suárez Álvarez and the International Center for Ethnobotanical Education, Research and Service (ICEERS), ayahuasca consumption has been on the rise in various countries. ICEERS has published a series of articles this week focusing on four specific countries: the Netherlands, Spain, the USA, and Colombia. These four countries have their own unique characteristics and cultural contexts and are part of an <u>in-depth research project</u> published earlier this year.

Ricard Faura, the Bridge Weaver for ICEERS and collaborator on this research, commented on the findings of the report, "It is clear that the global landscape of ayahuasca practices is evolving dynamically and steadily and this global expansion presents great challenges. It is therefore crucial to have a clear understanding of what is happening. This is why our research sheds light on the details of this expansion in various countries around the world and contributes to formulating a more inclusive and informed future."

Colombia, with its deep-rooted cultural ties, tops the list with the highest percentage of ayahuasca drinkers among the studied nations. This is attributed to the ayahuasca practices within Indigenous communities and the support they have received at the institutional level. In Spain, there is a much lower prevalence rate, but the country's ayahuasca community thrives with individuals recounting transformative and wellness-enhancing experiences.

In the Netherlands, a long-standing ayahuasca community faces tightened regulations on the importation of the medicine, reflecting the delicate balance between traditional practices and legal frameworks. Meanwhile, the USA is the country with the highest number of ayahuasca drinkers globally and is navigating legal ambiguities and safety concerns surrounding ayahuasca sessions.

## No deaths directly linked to ayahuasca

Globally, it is estimated that there are currently four million ayahuasca drinkers worldwide. The report also analyzed the deaths that the media has attributed to ayahuasca. ICEERS found 58



reports of ayahuasca-related deaths. After our careful analysis the organization stated that, to this date, no forensic examination has determined that ayahuasca caused these deaths. This ICEERS research underscores the importance of accurate reporting, responsible practices, and informed dialogue about ayahuasca. The organization encourages further research and open discussions to support the well-being of individuals seeking the benefits of ayahuasca in a diverse range of cultural and legal contexts.

This analysis not only broadens the understanding of ayahuasca's global footprint but also navigates the complex terrains of legal, cultural, and social factors that shape ayahuasca consumption in diverse contexts. These findings underscore the need for a well-informed, respectful approach to ayahuasca to support its reverent integration across diverse landscapes.

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